

Taman Negara (3 Days – Ending Kuala Lumpur)

Malaysia's National Park or 'Taman Negara' as it is known in the local language is situated in the Malaysian Peninsular. The Park covers an area of 4343 square km (1677 sq miles) of natural, virgin jungle. The jungle which comprises mostly of the Park is 130 million years old, reputed to be one of the oldest in the world.

Day 1: Kuala Lumpur – Taman Negara

This three day adventure begins at Kuala Lumpur where you travel by road for the rural town of Jerantut via the Genting Sempah Mountain Pass. At Jerantut, stop for lunch and a short rest before proceeding to the River Bank at Kuala Tembeling. From here, travel by outboard motor canoes to Kuala Tahan where the Park Headquarters is situated. The 3-hour upriver trip is fascinating, the jungle vegetation along the banks of the river becoming dense. Arrive at Kuala Tahan in the late afternoon. The evening is at leisure.

Accommodation: Taman Negara Resort

Meals included : Lunch & Dinner

Day 2: Taman Negara

The day-to-day itinerary cannot be well defined because itinerary has a tendency to vary depending on participating levels within the Park and facilities available at the same time. The following activities however may be included :- Motorised canoe up the Tahan River tributary upstream to the cataracts of Lata Berkoh, where there is excellent fishing nearby. Depart early for the Canopy walkway which stretches a distance of 500 meters, the longest in the world. After the canopy walk proceed for the jungle trek to Teresik Hill from where you can view Mount Tahan, the highest mountain in Peninsular Malaysia at 2178 meter (7186 ft.).

During the trek, your guide will give basic instructions on the fundamentals of jungle survival, jungle ecology, flora identification etc.. Return trek on a different trail passing Lubok Simpon water hole for a swim and rest.

Accommodation: Taman Negara Resort

Meals included : Breakfast, Lunch & Dinner

Day 3: Taman Negara – Kuala Lumpur

After breakfast, return to Kuala Tembeling by boat then by car to the next destination.

Passenger's personal possessions should include light comfortable clothing's that can be easily washed, jungle boots, a hat, light raincoat, torch, tennis shoes, swimming costumes and a sweater should be among the minimal necessary for this excursion. Most items can be purchased at Kuala Lumpur.

Meals included : Breakfast & Lunch